

Overview

Everest high pass is an ambitious and adventure trek that crosses 3 high mountain passes in the Khumbu Region. The Everest High Passes trek combines all the highlights of the Everest region and designed for people who are physically fit and look for the ultimate experiences in the Himalayas. Everest High pass trek goes through remote valleys, villages, terraces, hills and through peaks and the feeling of getting away from it all is unmatched and all the time is surrounded by unforgettable mountains.

Everest high passes trek offers Himalayan scenery imaginable of majestic peaks including Everest, Ama Dablam, Lhotse, Nupste, Pumori, Thamserku, Kangde and many more. The rugged landscape of the High passes is populated by the famous high mountain people named "the Sherpas" following a customary way of life; the Everest High Passes Trek offer a chance to witness the land of the Sherpa and visit Buddhist monasteries, occasional sightings of rare wildlife include the musk deer, Himalayan thar, snow leopard, pheasants and snow cocks, and some people even claim that the legendary yeti is somewhere in the Khumbu.

Everest High passes adventure trek starts in Kathmandu with a [day tour Kathmandu](#) and its heritages, then you take short flight to Lukla. You follow the Duthkoshi Valley to Namche Bazaar, the gateway of Khumbu region, you then spend extra day in Namche for the acclimatization and visit the Everest View Hotel and Khumjung villages. You then continue trekking to our journey to Dingbuche, after having another extra day in Dingbuche, Your first trek into a less traveled valley to Chhukum, an unforgettable location with peaks all around, and you go over the Kong la pass and reach Lobuche then head up to Everest base camp.

The Everest High Passes goes further ahead after visiting the base camp and climb of Kalapattar to see the great views of Everest and Himalayas in next morning, you continue trekking to Zhong la and pass over the Cho la to reach Gokyo valley. You climb Gokyo Ri and visit the lakes then You start your trek to another pass of Ren jo la and descend into the serene Thame valley. The trekking takes you through more picturesque Sherpa villages before return to Namche Bazaar and finally to Lukla to take return flight to Kathmandu to end the trek.

The Everest high passes trek covers almost everything in the region so, it is a complete Everest circuit trek. Everest High passes is known as Everest circuit trek and the trek is available on both fixed departure group basis and private departure, look at our scheduled dates or please inquiry us if you want to join one of our fixed departure or if you would like to trek privately then any dates is available for you and these types of dates are best for family trek, group or friends and couples.

Outline Itinerary

Day 01 : Arrive Kathmandu airport and transfer to hotel (No meals):

Day 02 : Full day of sightseeing of Kathmandu valley (B):

Day 03 : Kathmandu to Lukla and Trek to Phakding (B, L, D):

Day 04 : Trek from Phakding to Namche Bazaar (B, L, D):

Day 05 : Today is a day for rest & chilling out at Namche Bazaar (B, L, D):

Day 06 : Trek from Namche Bazaar to Tyangboche (B, L, D):

Day 07 : Trek from Tyangboche to Dingboche (B, L, D):

Day 08 : Rest day at Dingboche for acclimatization (B, L, D):

Day 09 : Trek from Dingboche to Chukum (B, L, D):

Day 10 : Trek from Chukum- Kongma la passes-Lobuche (B, L, D):

Day 11 : Trek from Lobuche to Everest Base Camp and return to Gorakshep (B, L, D):

Day 12 : Trek from Gorakshep to Kala Patthar (5545m.) and trek to Zongla (B, L, D):

Day 13 : Trek from Zongla to Thannak (B, L, D):

Day 14 : Trek from Thannak to Gokyo (B, L, D):

Day 15 : Rest day at Gokyo and excursion around Gokyo valley & Lake (B, L, D):

Day 16 : Trek from Gokyo Renjo Pass (5345m) Lunde (B, L, D):

Day 17 : Trek from Lunde to Thame (B, L, D):

Day 18 : Trekking from Thame to Namche Bazaar (B, L, D):

Day 19 : Trek from Namche Bazaar to Lukla (B, L, D):

Day 20 : Fly from Lukla to Kathmandu (B):

Day 21 : This is absolutely your day in Kathmandu (B):

Day 22 : Transfer to the international airport for your final departure (B):

Itinerary Details

Day 01 : Arrive Kathmandu airport and transfer to hotel (No meals):

Arrive at Kathmandu airport (1345meters) and you will be met by our airport representative and transferred to hotel, Evening free and overnight at hotel in Kathmandu.

Day 02 : Full day of sightseeing of Kathmandu valley (B):

After having Breakfast at hotel, we take you for the sightseeing tour in Kathmandu Valley about 09:00 am and the tour includes visit of Kathmandu Durbar Square, Monkey Temple, Pashupatinath Temple and Baudhanath Stupa and return to hotel and will have some free time to shop your trekking gear (if you need).

Day 03 : Kathmandu to Lukla and Trek to Phakding (B, L, D):

After having early breakfast at hotel in Kathmandu, we will drive to Kathmandu airport for the 35 minutes scenic flight to the small airport Lukla, after reaching at Lukla our guide will introduce with the porters, then start trekking following mountainside on the left bank of the Dudh Koshi River, it is easy trekking and takes about 4 hours to reach at Phakding, check in to the lodge.

Day 04 : Trek from Phakding to Namche Bazaar (B, L, D):

After having breakfast at lodge in the morning, we continue trekking following the Dudh Koshi River valley and crossing the river few times, we then enter to the park in Jorsale where we stop for lunch and we start trek, after few hours walking, the Namche Bazaar will appear ahead as we travel along the path surrounded by pines. Pass the plateau where the Saturday bazaar is held and enter the village, the Namche Bazaar (3440m) is surrounded on three sides by mountain ranges and opens out only where it faces the Duch Koshi valley, the village is a central hub of the area and food, sundry and even mountain climbing equipment may be purchased here, check in to the lodge and overnight at Lodge.

Day 05 : Today is a day for rest & chilling out at Namche Bazaar (B, L, D):

This is real good for our acclimatization as It prevents any unforeseen altitude problems ahead on the trail to the high passes as we go to higher altitudes on the trek, the Namche is tucked away between two ridges amidst the giant peaks of the Khumbu and has an abundance of lodges, tea shops and souvenir shops as well as a magnificent outlook as the lights come on in the evening. It is an ideal place to spend a rest day for acclimatization to the high altitude before heading off towards Tyangboche for the acclimatization, we walk up to Khumjung village through Everest view Hotel in Syangboche and we will see beautiful views of the Himalayas including Mt. Everest and

return to lodge, overnight at Guesthouse.

Day 06 : Trek from Namche Bazaar to Tyangboche (B, L, D):

After breakfast in lodge Namche, we start our trek towards Tengboche enjoying superb views of Mt. Everest, Nuptse, Lhotse, Ama Dablam and close up views of Thamserku. Our trek follows on the gradual trail with few ups and downs overlooking magnificent views of the great Himalaya. Along the way we can spot wild animals like pheasant, musk deer, or a herd of Himalayan Thar, The trail goes gradually down up to Kayangjuma. The path eventually reaches Sanasa which is the major trail junction to Gokyo valley and Everest Base Camp. The track then follows through the pine forests and after we cross the prayer flags festooned bridge over Dudh Koshi River, we reach Phunki Thenga, a small settlement with a couple of teahouses and a small army post amidst the alpine woods. After having a relaxed lunch at Phunki Thenga we then have a little tough climb steep up through the pine forests before we reach Tengboche the Tengboche is a great place for close up views of Ama-Dablam, Nuptse, and Everest and it has the biggest Buddhist Monastery all over in the Khumbu region, check into the lodge.

Day 07 : Trek from Tyangboche to Dingboche (B, L, D):

we start our trek after having breakfast at lodge and by descending through Rhododendron forest to the Imja Khola and crossing an exciting suspension bridge on the Imja Khola and walk passing by a long Mani stone wall to enter the village of Pangboche. The early morning enchanted scenic beauty of Tengboche stops our breath for a moment. The mountain panorama includes ranges of Kangtega, Thamserku, Ama Dablam, Taboche, Kwangde, Tengboche, Lhotse and Nuptse. After snapping pictures, we start the day journey through the trail that follows through Imja Khola upstream. Descending rapidly from the Tengboche meadow to the river bank, the track traverses a deep forest of birch and rhododendron with magnificent views of Ama Dablam, Lhotse-Nuptse ridge. As we reach Dingboche, a charming place amidst the woods, upon reaching Pangboche we are amazed at the dramatic views, our route continues through summer pastures to Dingboche.

Day 08 : Rest day at Dingboche for acclimatization (B, L, D):

Today is a remarkable acclimatization day where we rest our weary bodies, There are some breathtaking views of the North face of Ama Dablam and the Lhotse-Nuptse ridge as you explore this beautiful valley, the walk is short with a good chance to relax & just laze around in the afternoon, probably with your favorite book. We finally enjoy our night's rest at our guesthouse in Dingboche.

Day 09 : Trek from Dingboche to Chukum (B, L, D):

After having breakfast at lodge, we start our trek and the walk is pretty nice as we leave Dingboche through stone walled fields and alpine landscape, we hike the trail from

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Dingboche through Imja Khola valley to a land dotted by glacier moraines amidst towering formidable mountains. We walk at our own pace as our schedule for today is only 3-4 hours trek. While walking through the valley, Lhotse towers on our left and Ama Dablam on our right, after walking about 3 km, we reach at yak herdsman's place called Bibre, Straight ahead, beyond a terminal moraine wall, soars the Island peak (Imja Tse), a most popular trekking peak. The pyramidal Imja Tse looks awesome with its steep rock and-icy south face. The trail ahead is intersected by icy streams, we reach Chhukung in about half an hour from Bibre, and there are glaciers and massive snowy mountains all around the place. It is pleasant walking and we will also walk around the Chukum Valley which will get us physically ready for our first pass across Kongma la.

Day 10 : Trek from Ckukum- Kongma la passes-Lobuche (B, L, D):

We start our trekking quite early in the morning after having early breakfast at lodge, and today as we will have quite a long and tiring day, we head directly west out of Chhukung on a small, rocky trail and contour around many hillsides, usually not very steeply, until we reach the Pokalden Base Camp. We start at first light from Chhukung as we have to conquer the highest pass of the trip today, we carry plenty of water and some snacks and a packed lunch as there are no tea shops on the way. We really enjoy the remoteness of the area and the wonderful display of nature down here!! We can select to go via any of the possible trails - either taking a climb over the hill northwest of Chhukung over the moraine of the Nuptse Glacier or we might walk back down the valley to Bibre and follow a high trail above the Niyang Khola. Just after some walk there are great views of Island peak valley and jagged ridge of Amphu Lapcha. Ascending along the east side of Niyang Khola valley, we turn west and walk through the sloppy stony trail. We enter a wide basin dotted with small frozen lakes, after a few other hills, more steeps; we will reach another Base Camp for Pokalden and a clear blue lake which sits just below the pass. We climb the last half an hour on a trail which is good but looks impossibly built into the cliff-side and head to Lobuche for an overnight at our Guesthouse.

Day 11 : Trek from Lobuche to Everest Base Camp and return to Gorekshep (B, L, D):

After having breakfast at lodge, we start our trekking following the rocky moraine path, view icy glacial ponds and icebergs down below of the Khumbu glacier, after the last rocky moraine dunes, a short downhill walk brings us to Gorakshep, where we will stop for lunch and we leave all our stuff there at lodge as this is the last place where lodges are available , then we start our Himalayan journey to the Everest Base camp - & WOW !!! Congratulations!!! We've done it!!! Your Dream comes true... at last! After hanging around for sometime in the Base Camp, we then return to Gorakshep.

Day 12 : Trek from Gorakshep to Kala Patthar (5545m.) and trek to Zongla (B, L, D):

Early morning after a few cuppers, we will climb the Kala Patthar (5545m.) and enjoy the view of sunrise in the Himalayas including the mighty Everest, From Kala Patthar we will have a panoramic view of Mt. Everest and many other mountain peaks like Mt. Pumori,

Mt. Lingtren, Mt. Khumbetse, Mt. Nuptse, Mt. Lhotse, Mt. Ama Dablam, Mt. Thamserku and many more of those wonder peaks, then we return to Kalapattar and have a hot Breakfast and continue our trekking to Zongla where we halt for the overnight at our Guesthouse.

Day 13 : Trek from Zongla to Thannak (B, L, D):

After having early breakfast at lodge, we start our trekking early morning as we are going to cross the Cho La pass (5370m), a steep and somewhat difficult ascent of a rocky ridge a few hours walk from Dzongla, We start by crossing a small glacial stream, and then start climbing up the pass. From the top, we are treated to views of Ama Dablam, Kantega, Thamserku, Taboche, Cholatse and Baruntse, and to Nangpai Gosain, Pasang Lhamo, Numbur and on the Gokyo side. Once up on top of the glaciated pass, we trek across the snow, with Lobuche West looming above us, to the summit and hang some Buddhist prayer flags to send prayers out across the Himalayas then we return to a rocky, hilly trail across the valley, and a descent to the yak kharka of Thaknak, overnight at Guesthouse, (A, B, L, D).

Day 14 : Trek from Thannak to Gokyo (B, L, D):

After having breakfast at lodge, we start our trek in the morning by crossing the Ngozumpa Glacier on a sandy, shifting trail, the frozen lakes creaking below and beside us as we turn our way to the other side, once back on the main trail to Gokyo, we have an hour's hike past the second lake to the lodge at Gokyo, In the Gokyo valley, the character of the trekking changes abruptly. The opaque powder-blue lakes are often on the verge of freezing over, and sometimes perform a Himalayan symphony of expanding and retracting ice, we have entered the grassy ablation valley running beside the Ngozumpa Glacier, and have our first sight of Gokyo, a seasonal village and grazing area built beside the third and biggest lake, Gokyo has become something of a Himalayan resort without the crowd at least in terms of the comfortable lodges with sunrooms, unbeatable views, excellent food and warm stoves, It is a great base to explore from, and we have plenty of time for it.

Day 15 : Rest day at Gokyo and excursion around Gokyo valley & Lake (B, L, D):

A day for rest day in the Gokyo Valley is an exceptional opportunity for the physical well being of our bodies. This acclimatization day is grasped as an opportunity to climb Gokyo Ri to enjoy the scene from the best viewpoint of Everest Region.

Day 16 : Trek form Gokyo Renjo Pass (5345m) Lunde (B, L, D):

Early morning after breakfast, we will climb renjo la pass. This is a truly amazing high pass in Everest region and is getting even more popular by the day. After about 3 hours, we gain the Renjo La where a dazzling vista awaits. The Everest itself, Lhotse, Cholatse and Taboche can be seen gleaming in the sunshine. Views from Renjo La are much like

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that from Gokyo Ri with third Gokyo Lake and Gokyo Village beneath the gray smear of Ngozumpa Glacier. Continuing on from the pass, the trail winds down a stone staircase and then scramble over loose scree to reach the south bank of a small lake, Angladumba Tsho. The presence of ice on the trail while descending down can make our descent a bit hazardous. Along the way we see Relama Tsho and Renjo Lake. However, we walk down through a narrow valley clogged with giant boulders to Lumde where there is a support Lodge but it can be closed often. However, it is now possible to hike through with a lodge available.

Day 17 : Trek from Lunde to Thame (B, L, D):

It is easy trekking down to Thame - Thame has a sprawling village with a few lodges and stunning mountains like Thamserku, Kantenga, Kusum Kangguru, etc. Overlooking Thame is its famous Gompa situated amidst some fields on a hill to the west. Established some 325 years ago, the Gompa has three big images of Chenresig (Avalokiteswara), Guru Rimpoche, Buddha Sakyamuni. Colorful Mani Rimdu festival featuring colorful mask dances is held in this Gompa in May.

Day 18 : Trekking form Thame to Namche Bazaar (B, L, D):

We continue our trekking following the flat route and descending to first resting place Thamo after heading towards to Namche bazaar. We climb down after crossing a bridge after which we eventually reach Samde. The place offers breathtaking views. The path steeply descends down to Thamo village which hosts a monastery called Khari Gompa which is a nunnery being home to some nuns and monks. After passing through a check post, we come to the world's highest hydroelectric power station built with Austrian help.

Day 19 : Trek from Namche Bazaar to Lukla (B, L, D):

Today is the last day of your trekking, too. The hike is real cool & easy, except for a few short uphill climbs and then down to the Bhote-Koshi River crossing it three times, the last uphill climb of 45 minutes will bring you to Lukla and overnight at Guesthouse.

Day 20 : Fly from Lukla to Kathmandu (B):

Subject to an all clear weather which could sometimes go haywire in this part of the region, we will take an early morning flight back to Kathmandu. The rest of your time is free to do your own things. You could maybe do some shopping to buy some souvenirs for the loved ones at home.

Day 21 : This is absolutely your day in Kathmandu (B):

It's also spare day in case of bad weather in Lukla. You are just free to hang around in your hotel or maybe go out for a walk in thamel, a famous hub for tourists in Asia & throughout the world.

Day 22 : Transfer to the international airport for your final departure (B):

Our office reps will escort you to the airport for your final departure home. All of us at 'Outfitter Nepal' found it a pleasure coming to know you all of these weeks gone by. We are doubly sure you've enjoyed your vacation on these magnificent mountains & it was a pleasure taking care of you all the way.

Cost Includes

- All the airport transfers by private tourist vehicles.
- Four nights' hotel in Kathmandu including breakfast on twin sharing basis.
- Sightseeing tour in Kathmandu as per the itinerary.
- Your standard meals during the Trek with hot tea/coffee in breakfast.
- All necessary paper works, National park entry permits and TIMS permit.
- Flight fare (Kathmandu-Lukla-Kathmandu) with domestic airport tax.
- All accommodations in lodges/tea houses during the trek on twin sharing basis.
- An experienced, helpful and friendly Guide and porters (one porter for each 2 trekkers).
- Salary, food, drinks, accommodation, transportation and insurance for the guide and porters.
- Arrangement of emergency helicopter service which will be paid by your travel insurance company.
- Sleeping bag, down jackets and duffle bag – if Necessary.
- All government taxes, VAT and service charge.

Cost Excludes

- Nepal entry visa fee (you may easily issue the visa upon your arrival at Tribhuvan International Airport - Kathmandu). You will require 2 passport size photos.
- Your Travel insurance (compulsory).
- Food (lunch and dinner) while you are in Kathmandu.
- Your personal expenses and entrance fees while you do the tour in Kathmandu.
- All the alcoholic and non alcoholic drinks.
- Sweet things like chocolate bars and hot shower during the trek.
- International airfare and airport departure tax.
- Tips for the guide and staffs.

Note

Hotel and Accommodation on Everest High pass trek:

We provide you 2/3 star standard hotel in Kathmandu (4 nights) and Lodge/Teahouse during the **Everest High pass Trek** and the rooms are basic, normally just a bed with a pillow and blankets, A few have electric lights and all have a spacious dining room-lounge on lodges during the trek, we will accommodate group in local lodge available each day.

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We send a porter ahead of us to book the required number of rooms for the group (rooms cannot be booked in advance in all places). Please remember that some of them are very basic and a sense of adventure is necessary and there is some luxury 4/5 star accommodation available in Kathmandu if you want we can book them for you for your Kathmandu stay so, do let us know if you want to upgrade your accommodation in Kathmandu

Transports used on Everest high pass trek:

We at Outfitter Nepal will provide private vehicles for the airport transfers and [sightseeing tour in Kathmandu](#) and flight from Kathmandu to Lukla and return.

Electricity and battery charges on trek:

There are electricity available in some of the villages where you can re- charges your camera batteries and there is solar power in some villages we trek through and you can recharges your batteries in those places as well if they have enough power and we suggest you to have spare batteries as well and you will have to pay some for recharging batteries.

Meals and drinks on Everest high pass trek:

The meals are included in our price of the trek and they are taken in lodges; we will have breakfast and dinner at the lodge where we stay overnights and our guide will choose and stop for lunch on available place every day and we recommend you to bring water purification pills since you will have normal water for free, then you can have the normal water and use the medicine and drink however you have options of buying bottled water or boiled water in every places as well.

Luggage/Bag pack on Everest high passes trekking:

Your main luggage will be carried by porters on trek and you simply carry a day pack with water bottle, camera, sun-screen, spare jacket, and etc, during the trek, as small loads allows you for full enjoyment of the trek, **A trek bag is ideal for your main luggage**, plus a small lockable bag for travel clothes or anything that you do not need during trek which you can leave at hotel's locker room/safe deposit box in Kathmandu for free of charge. Weight allowance at Nepal's domestic airlines is 15 Kg including your hand bag; excess weight is chargeable at USD 1 or more which is extra on our tour cost.

Guide/Porter on trek:

We provide trained trekking guide (handles the logistics and guides you and your team on the trek) and porters, A porter for each 2 trekkers and a porter carry about 20 Kg (10 Kg from each trekkers) and if there are more than 10 people in the group then we will provide you additional guide for the group.

Group Size, guide and crew member:

We organize **Everest high pass trek** for single people to maximum 14 people at once or even if you have more than 14 people then we can split the group in to two or more groups (according to the number of trekkers) however you all can walk together and stay at same guest house and there are only different guide, and there are 1 guide up to 10 people and 2 guide for 11-14 people and a porter for each 2 trekkers.

Join a fixed date group tour or private departure:

The **Everest High pass trek** is available on both fixed departure and private basis. If you are looking for a group to join then please check our fixed departures dates and ask for availability or if you would like to travel independently, or with your friends, families & colleagues then you are invited to choose any date at your convenient timeframe for any number of people.

Personal expenses on trek:

Personal expenses depend largely on your habit and all the meals are included on **our High pass trek**, You only need money for table drinks (alcoholic/non alcoholic beverages), snacks while walking (some smaller shops are available along the trail in the areas), tips, souvenirs, hot shower (available in some places), and meals (A meal cost 5-7USD in Kathmandu) for your Kathmandu stay, entrance fees (approx: 25USD) while your tour in Kathmandu, if you do not drink alcohol and sopping then 12-15USD per day should be enough for the hot drinks, shower and snacks on trek and Tips are appreciated by your support team after the trek. The amount depends on your budget and appreciation of their work. As a suggestion, we advise you to allocate 10 - 15% of the total tour cost as tips to the staff and you can do this if you feel the services have been good.

Gears available in Kathmandu:

It's not necessary to spend a lot of money buying equipment for the trek in your country as Majority of these gears can be bought at reasonable rates in Kathmandu.

A typical day on Trek:

Each morning on our **Everest High pass** after packing your bags and having hot breakfast at lodge, you set off on the day's walk/hike/trek and after walking for 3-4 hours, you will stop for lunch at around midday and the afternoon's walk is generally shorter and

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usually arrives at destination in time for afternoon tea. The remainder of the afternoon can be spent exploring the village, doing a bit of washing or simply relaxing with a good book. On some days you will arrive at our destination by lunchtime and the entire afternoon will be free then after dinner, the evening will often be spent playing cards and reliving the day's adventures, before retiring for a well-earned sleep.

Our meeting in Kathmandu:

You should to pass your International flight details to us once you confirm and book **Everest High pass trek** with us for a "meeting and greeting" service at the airport on your arrival, once you pass through the Customs and come out of the Terminal building where you will see someone standing with a placard with either '**Outfitter Nepal**' or **your name written on paper** then our airport representative or tour officer will greet you and transfer you to the hotel or if you have not booked your Kathmandu hotels with us and you have done it yourself and have just booked the trekking part then you should pass your hotel in Kathmandu, we fixed the date and time to meet through e mail when we communicate while booking trek.

Itinerary and changes on it:

we have 21day **itinerary for the Everest High pass trek** that includes your arrival and departure days plus a day tour in Kathmandu and a leisure day after the trek however if you do not want our accommodation in Kathmandu and tour in Kathmandu and want to book your hotel yourself in Kathmandu and just want to take our trek part then we arrange the trek on that way as well on your request, do let us know your inquiry then we will communicate and finalize the cost and itinerary that you required and The given itinerary for the high pass Trek should be taken as a guideline only. Depending on the prevailing situation, you can modify it to some extent after consulting with your guide while you are on trek as well, however, the date of trek completion should always coincide with the original itinerary where many unforeseen events may contribute to the need for a change in itinerary, In such cases, we or our guide will suggest the best alternative similar to your original program.

Insurance/Rescue/Evacuation:

In case of a serious sickness or a casualty while you are on **Everest high pass trek** (which we believe will not happen), we will do everything to transfer you to the nearest hospital to save your life (this has happened to us few times) and you are entirely liable for all the expenses incurred in evacuation/rescue, so, please make sure that these expenses are covered by your insurance policy before assigning for the trek or be prepared to pay on your own after getting back to Kathmandu. Ensure that you've insured yourself before doing the trip, Common sense dictates this, it's good for you and please visit Nepal Travel insurance page for more info about it.

Trip Extensions:

In addition of Everest high pass trek, we organize extensions both within Nepal and other neighboring countries like [Bhutan](#) and Tibet of you have time and want us to arrange your extensions tours, you may do water rafting or a [jungle safari](#), Pokhara tour or Lumbini Tour in Nepal or Bhutan or Tibet tour.

Booking and payment:

You are required to make 10% payment in advance in order to confirm and book **Everest high pass trek** along with your passport copy and flight detail (Arrival detail, flight name, number and time) and the remaining 90% balance is payable when you arrive in Nepal and you have options of paying the advance by bank transfer or credit card, so, do let us know which modes of payment is convenient for you then we will forward the detail for payment.

Itinerary and Price options:

We have 21day itinerary for the **Everest high pass trek** that includes your arrival or departure days and a day tour and leisure day after the trek in Kathmandu, this is an extra day and we use this day in case of any delay or cancelation on flight to Lukla and return in case of bad weather as it has happened some times to us so, we advise you to have this day however if you are not interested for our full itinerary and just want to have trekking part without any accommodation, tour and leisure day in Kathmandu (if you wish to book them yourself) or you want to cut off only the tour day and leisure day in Kathmandu and only want to include 2 nights' accommodation (one night before the trek and one night after the trek) then these options are available with us so, do let us know how you would like to do the trek, we are ready in your style and e mail us for an up to date cost and services as per your requirement.