

## Overview

Sarangkot Dhampus hike is one of the most popular and most classic hiking routes in Nepal which passes through country inhabited by a wide diversity of people and offers spectacular mountain scenery and takes you north of Annapurna & Mt. Machhapuchare (Fish Tail) ranges, the region is heavily settled and farmed, the Sarankot is an ideal view point to view both a sunrise & sunset within the majestic Himalayan range, you have views of mountains from Dhaulagiri, Annapurna, and Manaslu including the magnificent Mt. Machhapuchare (Fish Tail) on Sarangkot-Dhampus hike in Nepal.

Sarangkot Dhampus hike start with a day drive from Kathmandu to Pokhara. You start the trek in the next morning by taking drive to Sarangkot Phedi then you hike to Sarangkot view point. The Sarangkot village is perched on the North West of Pokhara with enchanting views of Pokhara valley and the Phewa Lake and you have overnight stay at Sarangkot.

Sarangkot Dhampus hike passes through beautiful countryside inhabited by highly diversified communities of people, the region is heavily settled by the mid hills tribe "Gurungs." Gurungs are the famous Gurkha soldiers in the British, Indian and Nepalese Army. You then hike another view point of Dhampus in next day, the Dhampus is another view to see the spectacular sunset and sunrise view over the Himalayas. You then trek to Phedi and take drive back to Pokhara and Kathmandu.

Sarangkot-Dhampus hike is available with Outfitter Nepal Treks and Expedition and you can book it online. We offer departure to the Sarangkot Dhampus hike every day So, find the list of the dates for the trek and select one and do let us know if the given itinerary is not suitable for you and if you need tailor-make and customized trek to Sarangkot-Dhampus.

## Outline Itinerary

**Day 01 : Arrive Kathmandu Airport and transfer to hotel (No meals) :**

**Day 02 : Full day of sightseeing of Kathmandu valley (B):**

**Day 03 : Kathmandu - Pokhara (B):**

**Day 04 : Pokhara - Sarangkot (B):**

**Day 05 : Sarangkot- Dhampus (B):**

**Day 06 : Dhampus- Pokhara (B):**

**Day 07 : Pokhara - Kathmandu (B):**

**Day 08 : Transfer to international airport for your final flight departure (B):**

**Itinerary Details**

**Day 01 : Arrive Kathmandu Airport and transfer to hotel (No meals) :**

Arrive at Kathmandu airport (1345meters) and you will be met by our airport representative and transferred to hotel, you evening free and overnight at hotel in Kathmandu.

**Day 02 : Full day of sightseeing of Kathmandu valley (B):**

After having breakfast at hotel, we take you for the sightseeing tour in Kathmandu valley about 9:00 am in the morning and the tour includes Kathmandu Durbar Square, Monkey Temple, Pashupatinath Temple and Baudhanath Stupa and return to hotel and you will have some free time to shop your trekking gear if you need and overnight at hotel.

**Day 03 : Kathmandu - Pokhara (B):**

After having early breakfast at hotel and we drive along the Trisuli and Mashyangdi River to reach Pokhara, we will see the beautiful river view and the view of Ganesh Himal and Mountain Manaslu as well during the driving, Pokhara is tourist's paradise with full of natural as well as cultural heritage sites such as lakes, caves, temples of Buddhist and Hindus along with mountains, after 6 hours of drive; we will arrive in Pokhara and overnight at hotel.

**Day 04 : Pokhara - Sarangkot (B):**

After having breakfast at hotel in Pokhara, We will drive to Sarangkot phedi which takes about 30 minutes, then we will hike all the way up to the Sarangkot view point, the sarangkot is the best and the nearest view point from Pokhara to see the sunset and sunrise view over the Himalayas and overnight at lodge.

**Day 05 : Sarangkot- Dhampus (B):**

We will see the sunrise view form Sarangkot point and will have breakfast and start our hiking towards the Dhampus which is another view point for the Himalayan view and it is the place of the indigenous people Gurung, have sunset view and overnight at lodge.

**Day 06 : Dhampus- Pokhara (B):**

After having breakfast at lodge, we start our short hike and today, it is easy trekking down to Phedi that takes about one and half hour then we drive back to Pokhara, check into the hotel and you will have free time to walk and shop around and overnight at hotel.

### **Day 07 : Pokhara - Kathmandu (B):**

We take tourist bus at 7 AM to drive to Kathmandu and the driving will be fantastic along with many towns and we are able to see the settlements, Rivers, terraces and landscapes, after 6 hours driving we will arrive Kathmandu and overnight at Hotel.

### **Day 08 : Transfer to international airport for your final flight departure (B):**

You will be transferred to the international airport for your final departure to your loving home. OUTFITTER NEPAL has taken pleasure in serving you all of these weeks; you counted on us & we didn't let you down because we know how hard you've worked to enjoy this holiday. Meeting you was an immense pleasure & we do hope you will remember us down the years with memories of the time you've spent in this amazing country that's Nepal. A safe BON VOYAGE home...takes care!!!.

### **Cost Includes**

- All the airport transfers by private vehicles.
- Three night hotel in Kathmandu including breakfast.
- Sightseeing tour in Kathmandu as per the itinerary.
- Two night's hotel in Pokhara including breakfast.
- Two Night Accommodation in Hike including breakfast.
- Ground transportation from Kathmandu --Pokhara - Kathmandu by tourist bus.
- An experienced, helpful and friendly guide.
- Salary, food, drinks, accommodation, transportation and insurance for the guide.
- All government taxes, VAT and service charges.

### **Cost Excludes**

- Nepal entry visa fee (you may easily issue the visa upon your arrival at Tribhuwan International Airport - Kathmandu). You will require 2 passport size photos.
- Your Travel insurance (compulsory).
- Meals (Lunch and Dinner) while you are Tour.
- Your personal expenses and entrance fees while you do the sightseeing tour in Kathmandu.
- All the alcoholic, non alcoholic drinks and dessert.
- International airfare and airport departure tax.
- Tips for the guide & driver.
- Any others expenses which are not mentioned on including section.

### **Note**

### **Hotel and Accommodation:**

We offer 2/3 star standard hotel (3 nights in Kathmandu) and (2 nights in Pokhara) and Lodge/teahouse during the hike for 2 nights and there is some luxury 4/5 star accommodation available in Kathmandu and Pokhara and if you want, we can book them for you for your Kathmandu and Pokhara stay so, do let us know if you want to upgrade your accommodation in Kathmandu and Pokhara.

### **Transports used on Hike:**

We at Outfitter Nepal provide private vehicles for the airport transfers and sightseeing tour in Kathmandu, tourist bus transportation from Kathmandu to Pokhara and return however there are options:

Would you like to take private transport such as car/van instead of tourist bus: then it cost 200.00 USD for both way ( 100.00USD per way) for car ( you can sit up to 4 person), 300.00USD for Jeep/Van ( 150.00USD per way, can sit up to 6 person) , Hiece 400.00 USD ( 200.00USD per way and can sit up to 13 people) or you can take 30 minute flight to Pokhara or return from Pokhara to Kathmandu as well, please ask us for the up to date flight fare.

### **Meals and drinks on trek:**

The meals are not included in our price of the trek and they are taken in lodges; we will have breakfast and dinner at the lodge where we stay overnights on hike and our will guide will choose place and stop for lunch on available place/lodge every day and we recommend you to bring water purification pills since you will have normal water for free, then you can have the normal water and use the medicine and drink however you have options of buying bottled water or boiled water in every places as well.

### **Luggage/Bag pack on hike:**

Your main luggage on the trek will be carried by porter and you simply carry a day pack with water bottle, camera, sun-screen, spare jacket, and etc, during the trek, as small loads allow you for full enjoyment of the trek. A trek bag is ideal for your main luggage, plus a small lockable bag for travel clothes or anything that you do not need during trek which you can leave at hotel's locker room/safe deposit box in Kathmandu or in Pokhara for free of charge. Weight allowance at Nepal's domestic airlines (if you are taking flight to Pokhara or return) is 15 Kg including your hand bag; excess weight is chargeable at USD 1 or more which is extra on our tour cost.

### **Guide and Porter on Trek:**

We provide trained trekking guide (handles the logistics and guides you and your team on the trek) and porters, A porter for each 2 trekkers and a porter carry about 20 Kg (10 Kg from each trekkers) and if there are more than 10 people in the group then we will provide you additional guide for the group.

### **Group Size, guide and crew member:**

We organize **Sarangkot Dhampus hike** for single people to maximum 14 people at once or even if you have more than 14 people then we can split the group into two or more groups (according to the number of trekkers) however you all can walk together and stay at same guest house and there are only different guide, and there are 1 guide up to 10 people and 2 guide for 11-14 people and a porter for each 2 trekkers.

### **Our meeting in Kathmandu:**

You should to pass your International flight details to us once you confirm and book the hike with us for a “meeting and greeting” service at the airport on your arrival, once you pass through the Customs and come out of the Terminal building where you will see someone standing with a placard with either ‘**Outfitter Nepal**’ or **your name written on paper** then our airport representative or tour officer will greet you and transfer you to the hotel or if you have not booked your Kathmandu hotels with us (you have done it yourself) and have just booked the trekking part then you should pass your hotel detail in Kathmandu, we fix the date and time to meet through e mail when we communicate while booking trek.

### **Booking and payment:**

You are required to make 10% payment in advance in order to confirm and book the hike along with your passport copy and flight detail (Arrival detail, flight name, number and time) and the remaining 90% balance is payable when you arrive in Nepal and you have options of paying the advance by bank transfer or credit card, so, do let us know which modes of payment is convenient for you then we will forward the detail for payment.